





In-home care is considered an **essential service**. Unless you have been diagnosed as having COVID-19, or have been instructed to isolate whilst awaiting test results, the lockdown will not affect the delivery of your care services and these will continue as scheduled.

- All Providers MUST continue to wear a mask when delivering your care services
- You MUST also continue to wear a mask when receiving services

Please let us know if you have been diagnosed with COVID-19 or if you are isolating, so that we can arrange to reschedule the provision of your care.

What the lockdown means for you. Source: ABC News

- There are only four main reasons to leave the home:
 - essential shopping (food and medical supplies) within five kilometres of your home
 - care and caregiving
 - exercise, with one other person within 5 kilometres of your home for a maximum of two hours per day, and
 - essential work
- You must remain within 5 kilometres of your home
- Face masks must be worn at all times both indoors and outdoors
- No visitors should be allowed in your home, except to provide your care
- Schools will be closed, but will remain open for vulnerable children or those whose parents cannot work from home
- Tertiary education facilities will be closed
- Food and hospitality venues will close except for takeaway service
- Supermarkets will remain open, with the Premier warning us "not to panic-buy"
- Non-essential retail stores will shut their doors, as will libraries, hairdressers, and real estate inspections will not be allowed

- You must work from home when you can, Public gatherings and weddings will be banned, except for on compassionate grounds.
- Places of worship and religious gatherings and ceremonies will not be permitted, and funerals will be capped at 10 people.
- No visitors will be allowed into aged care centres, except for end-of-life reasons
- No visitors will be permitted into hospitals except for end-of-life reasons, as a support partner for a birth or as a parent to accompany a child
- Indoor recreation and sport, outdoor physical recreation and community sport facilities will all close. That includes swimming pools
- Outdoor playgrounds are allowed to remain open
- The Australian Open and AFLW matches will be allowed to continue, but without spectators
- Accommodation providers are to close and not take new bookings, unless for "shelter in place" reasons
- Tourism centres and tour transport services are not allowed to operate
- International flights will not be accepted into Victoria unless they are already en route

For further details, please see: https://www.abc.net.au/news/2021-02-12/victoria-stage-4-lockdown-what-are-the-rules/13149252