

# Restorative Care Pathway

## Supporting recovery after illness, injury or hospital stay

Sometimes life can change suddenly. You may have been unwell, had a fall, needed surgery or stayed in hospital. This can make everyday things harder.

The Restorative Care Pathway provides short term intensive support to help you maintain your independence and manage daily life on your own.

## How do I access the Restorative Care Pathway?

In order to receive funding you need to have registered with My Aged Care and have been assessed. Your assessed needs will help to determine the supports you are able to receive.

## What is restorative care?

Restorative care is short term support under the Support at Home program. It is designed to help you:

- **rebuild strength after a hospital stay or injury**
- **get back to everyday activities**
- **feel more confident at home**

Under this pathway, your support will run up to 3 months and some individuals may be eligible to access restorative care twice a year.

## What support can it include?

Our highly qualified Restorative Care Partners will work closely with you and your Care Manager to set clear goals based upon what matters most to you and your assessed needs. This will help to determine the right supports for you. Supports may include:



**nursing care to provide extra health support**



**physiotherapy to improve strength and balance**



**occupational therapy to make daily tasks easier**

The focus is on helping you to become more independent over a short period of time.

## How much funding is available?

Most people receive up to \$6,000 for up to 3 months and if required, we may be able to apply for extra funding. Clinical services (such as nursing and therapy) are fully funded by the government.

You may need to contribute towards the cost of everyday living or independence services, which will be determined by Services Australia.

**For more information talk to your Care Manager or contact our friendly team on 1800 692 464.**